EXERCISE PHYSIOLOGY - PH.D.

College of Education Health and Human Services
School of Health Sciences
100 Nixson Hall
Kent Campus
330-672-2197
oss@kent.edu
www.kent.edu/ehhs/hs

Description
The Ph.D. degree in Exercise Physiology prepares students for a wide variety of career options, including exercise prescription and research. The program develops the competencies needed for those who intend to teach exercise physiology, pursue research or apply exercise physiology in practice.

Fully Offered At:
- Kent Campus

Accreditation
Commission on Accreditation of Allied Health Education Programs

Admission Requirements
- Master’s degree from an accredited college or university for unconditional admission
- Previous degree in exercise science or equivalent preparation for unconditional admission
- Minimum 3.000 graduate GPA on a 4.000 point scale (minimum 3.500 GPA is recommended) for unconditional admission
- Official transcript(s)
- GRE or MCAT score of the 50th percentile
- Goal statement
- Two letters of recommendation
- Interview
- English language proficiency - all international students must provide proof of English language proficiency (unless they meet specific exceptions) by earning one of the following:
  - Minimum 550 TOEFL PBT score (paper-based version)
  - Minimum 79 TOEFL IBT score (Internet-based version)
  - Minimum 77 MELAB score
  - Minimum 6.5 IELTS score
  - Minimum 58 PTE score

For more information about graduate admissions, please visit the Graduate Studies admission website. For more information on international admission, visit the Office of Global Education's admission website.

Program Learning Outcomes
Graduates of this program will be able to:

1. Present their research data regionally and nationally at conferences.
2. Publish their research data in peer reviewed publications.
3. Teach classes associated with exercise physiology.
4. Work in the field and implement community-based exercise programming.

Program Requirements

Major Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
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</thead>
<tbody>
<tr>
<td>EXPH 73050</td>
<td>RESEARCH PROCESSES IN ATHLETIC TRAINING AND EXERCISE PHYSIOLOGY</td>
<td>3</td>
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<tr>
<td>EXPH 73051</td>
<td>QUANTITATIVE AND RESEARCH METHODS IN ATHLETIC TRAINING AND EXERCISE PHYSIOLOGY</td>
<td>3</td>
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<tr>
<td>EXPH 73091</td>
<td>RESEARCH SEMINAR ¹</td>
<td>2</td>
</tr>
<tr>
<td>EXPH 83098</td>
<td>RESEARCH</td>
<td>12</td>
</tr>
<tr>
<td>EXPH 83199</td>
<td>DISSERTATION I ²</td>
<td>30</td>
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</table>

Exercise Physiology Electives, choose from the following: 9

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
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<tbody>
<tr>
<td>EXPH 75075</td>
<td>MUSCLE FUNCTION AND EXERCISE</td>
<td></td>
</tr>
<tr>
<td>EXPH 75076</td>
<td>ENVIRONMENTAL STRESS AND EXERCISE</td>
<td></td>
</tr>
<tr>
<td>EXPH 75081</td>
<td>ENERGY METABOLISM AND BODY COMPOSITION</td>
<td></td>
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<tr>
<td>or EXPH 75083</td>
<td>EXERCISE ENERGY METABOLISM</td>
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<tr>
<td>EXPH 75082</td>
<td>CARDIO-RESPIRATORY FUNCTION</td>
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<tr>
<td>or EXPH 75084</td>
<td>CARDIOVASCULAR-RESPIRATORY DYNAMICS DURING EXERCISE</td>
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Physiology Electives, choose from the following: 6

<table>
<thead>
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<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
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</thead>
<tbody>
<tr>
<td>EXPH 70610</td>
<td>PHYSIOLOGY OF AGING: IMPLICATIONS FOR HUMAN BEHAVIOR</td>
<td></td>
</tr>
<tr>
<td>EXPH 75080</td>
<td>PHYSIOLOGICAL BASIS OF EXERCISE AND SPORT</td>
<td></td>
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<tr>
<td>EXPH 75086</td>
<td>NEUROBIOLOGY OF EXERCISE AND MOVEMENT</td>
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Additional electives as approved by faculty advisor

Minimum Total Credit Hours: 65

¹ Students must enroll in EXPH 73091 for two semesters.
² Upon admission to candidacy, each doctoral candidate must register for EXPH 83199. It is expected that a doctoral candidate will continuously register for Dissertation I for a total of 30 credit hours, and thereafter EXPH 83299, each semester until all requirements for the degree have been met. The dissertation must show that the student has the competency to conduct research in a discriminating and original manner. The quality of the dissertation must be such that one or more articles acceptable for publication in a professional journal may be expected to be derived from it.

Candidacy Examination
Students will be required to pass an oral and written candidacy examination after coursework is completed before beginning their dissertation. Prior to taking the candidacy examination, the student must demonstrate his or her ability to conduct independent research related to the field of exercise physiology. This may be in the form of a completed thesis, an independent study project or an article published in...
an acceptable research journal. The acceptability of such evidence is to be determined by faculty advising students in exercise physiology.

**Graduation Requirements**

Only in rare instances does a student fulfill the educational and research expectations within the minimum-credit-hour requirement for this degree. Any deficiencies in a doctoral student's academic preparation must be corrected very early in the approved academic program.