INTEGRATED HEALTH STUDIES
- B.S.

College of Education Health and Human Services
School of Health Sciences
100 Nixson Hall
Kent Campus
330-672-2197
www.kent.edu/ehhs/hs

Description
The Bachelor of Science degree in Integrated Health Studies is designed for students interested in pursuing studies related to the health and medical professions. The primary mission of the program is to educate individuals to serve present and future needs of an increasingly diverse society in the professional fields associated with health and/or medical services. Fundamental to its mission is the education of students to excel as practitioners and provide leadership to their respective disciplines.

The major comprises three concentrations:

- The Health Care Administration and Systems concentration prepares students for administrative positions in the health care industry. In addition, students may wish to pursue graduate study in such fields as business administration, health administration, exercise/leisure/sports administration and public health. A business minor can be obtained with additional coursework and GPA requirements.

- The Health Sciences concentration includes a strong basic science core (biology, chemistry, physics), as well as an applied science core (physiology of exercise, nutrition). Graduates are prepared for science-based graduate programs, especially physical or occupational therapy, and other advanced study options such as physicians assistant programs.

- The Health Services concentration provides comprehensive study of health professions, human development and human services. Graduates are prepared for careers in the service-delivery sector of the health care industry, such as non-profit and/or government agencies (e.g., health departments, national/state/local health organizations). This program is designed to offer more flexibility in coursework selection for pre-nursing coursework or minors or certificates (e.g. health educator, non-profit management, psychology). The program also provides study in associate degrees in the allied health areas (e.g., physical or occupational therapy assisting technology) with the opportunity to obtain a highly relevant bachelor’s degree.

Fully Offered At:
- Kent Campus

Admission Requirements
The university affirmatively strives to provide educational opportunities and access to students with varied backgrounds, those with special talents and adult students who graduated from high school three or more years ago.

Freshman Students on the Kent Campus: The freshman admission policy on the Kent Campus is selective. Admission decisions are based upon the following: cumulative grade point average, ACT and/or SAT scores, strength of high school college preparatory curriculum and grade trends. The Admissions Office at the Kent Campus may defer the admission of students who do not meet admissions criteria but who demonstrate areas of promise for successful college study. Deferred applicants may begin their college coursework at one of seven regional campuses of Kent State University. For more information on admissions, including additional requirements for some academic programs, visit the admissions website for new freshmen.

Freshman Students on the Regional Campuses: Kent State campuses at Ashtabula, East Liverpool, Geauga, Salem, Stark, Trumbull and Tuscarawas, as well as the Twinsburg Academic Center, have open enrollment admission for students who hold a high school diploma, GED or equivalent.

English Language Proficiency Requirements for International Students: All international students must provide proof of English language proficiency (unless they meet specific exceptions) by earning a minimum 525 TOEFL score (71 on the Internet-based version), minimum 75 MELAB score, minimum 6.0 IELTS score, minimum 48 PTE score or minimum 100 DET score; or by completing the ESL level 112 Intensive Program. For more information on international admission, visit the Office of Global Education’s admission website.

Transfer, Transitioning and Former Students: For more information about admission criteria for transfer, transitioning and former students, please visit the admissions website.

Current Kent State and Transfer Students: Active Kent State students who wish to change their major must have attempted a minimum 12 credit hours at Kent State and earned a minimum 2.000 overall Kent State GPA to be admitted. Students who have not attempted 12 credit hours at Kent State will be evaluated for admission based on their high school GPA for new students or transfer GPA for transfer students. Transfer students who have not attempted 12 credit hours of college-level coursework at Kent State and/or other institutions will be evaluated based on both their high school GPA and college GPA.

Program Learning Outcomes
Graduates of this program will be able to:

1. Integrate and apply knowledge, values and skills from their coursework across the health and human services fields to applicable work settings.
2. Identify, present and critique the role of health care professionals and policies/issues facing the health and human services fields in order to better meet the needs of individuals, communities and society in the provision of services.

University Requirements
All students in a bachelor’s degree program at Kent State University must complete the following university requirements for graduation.

NOTE: University requirements may be fulfilled in this program by specific course requirements. Please see Program Requirements for details.
Diversity Domestic/Global (DIVD/DIVG)  2 courses

Experiential Learning Requirement (ELR)  varies

Kent Core (see table below)  36-37
Writing-Intensive Course (WIC)  1 course

Upper-Division Requirement  39 (or 42)

Total Credit Hour Requirement  120

Some bachelor’s degrees require students to complete more than 120 credit hours.

Kent Core Requirements

Kent Core Composition (KCMP)  6
Kent Core Mathematics and Critical Reasoning (KMCR)  3
Kent Core Humanities and Fine Arts (KHUM/KFA) (min one course each)  9
Kent Core Social Sciences (KSS) (must be from two disciplines)  6
Kent Core Basic Sciences (KBS/KLAB) (must include one laboratory)  6-7
Kent Core Additional (KADL)  6

Total Credit Hours:  36-37

Program Requirements

Major Requirements

Code  Title  Credit Hours

Major Requirements (courses count in major GPA)
HED 14020  MEDICAL TERMINOLOGY  3
IHS 10000  CAREERS IN HEALTH SCIENCES AND HUMAN SERVICES  3
IHS 40091  SEMINAR FOR PRACTICUM IN INTEGRATED HEALTH STUDIES  2
IHS 44010  RESEARCH DESIGN AND STATISTICAL METHODS IN THE HEALTH PROFESSIONS  3
IHS 44091  PROFESSIONAL SEMINAR IN INTEGRATED HEALTH STUDIES (WIC)  3
IHS 44092  PRACTICUM IN INTEGRATED HEALTH STUDIES (ELR)  3-10
NURS 45010  HEALTHCARE POLICY AND DELIVERY SYSTEMS  3
or NURS 46000  HEALTH CARE POLICY  3
PHIL 40005  HEALTH CARE ETHICS  3
PSYC 21621  QUANTITATIVE METHODS IN PSYCHOLOGY I  3

Additional Requirements (courses do not count in major GPA)
PSYC 11762  GENERAL PSYCHOLOGY (DIVD) (KSS)  3
UC 10097  DESTINATION KENT STATE: FIRST YEAR EXPERIENCE  1
Kent Core Composition  6
Kent Core Humanities and Fine Arts (minimum one course from each)  9
General Electives (total credit hours depends on earning 120 credit hours, including 39 upper-division credit hours)  10

Concentrations

Choose from the following:
- Health Care Administration and Systems
- Health Sciences
- Health Services

Minimum Total Credit Hours:  120

1 A minimum C grade must be earned to fulfill the writing-intensive requirement.
2 State or Federal background checks may be required for practicum/internship experiences.

Health Care Administration and Systems concentration Requirements

Code  Title  Credit Hours

Concentration Requirements (courses count in major GPA)
ACCT 23020  INTRODUCTION TO FINANCIAL ACCOUNTING  3
ACCT 23021  INTRODUCTION TO MANAGERIAL ACCOUNTING  3
CIS 24053  INTRODUCTION TO COMPUTER APPLICATIONS  3
ECON 22060  PRINCIPLES OF MICROECONOMICS (KSS)  3
ECON 22061  PRINCIPLES OF MACROECONOMICS (KSS)  3
ECON 42086  ECONOMICS OF HEALTH CARE  3
JMC 28001  PRINCIPLES OF PUBLIC RELATIONS  3
LCTA 44032  LONG-TERM CARE ADMINISTRATION I  3
MGMT 24163  PRINCIPLES OF MANAGEMENT  3
MKTG 25010  PRINCIPLES OF MARKETING  3
POL 30301  INTRODUCTION TO PUBLIC ADMINISTRATION  3
PSYC 41581  HEALTH PSYCHOLOGY  3
or SOC 42563  SOCIOLOGY OF HEALTH AND HEALTH CARE  3

Additional Requirements (courses do not count in major GPA)
MATH 11009  MODELING ALGEBRA (KMCR)  4
Biology (BSCI) Course from Kent Core Basic Sciences  3-4
Chemistry (CHEM) Course from Kent Core Basic Sciences  3-4
Kent Core Additional  3
General Electives (total credit hours depends on earning 120 credit hours, including 39 upper-division credit hours)  16

Minimum Total Credit Hours:  65

1 Minimum one course must include a laboratory.

Health Sciences Concentration Requirements

Code  Title  Credit Hours

Concentration Requirements (courses count in major GPA)
ATTR/EXSC 25057  HUMAN ANATOMY AND PHYSIOLOGY I (KBS) (KLAB)  4
ATTR/EXSC 25058  HUMAN ANATOMY AND PHYSIOLOGY II (KBS) (KLAB)  4
ATTR/EXSC 35054  BIOMECHANICS  3
BSCI 10110  BIOLOGICAL DIVERSITY (KBS) (KLAB)  4
BSCI 10120  BIOLOGICAL FOUNDATIONS (KBS) (KLAB)  4
CHEM 10060  GENERAL CHEMISTRY I (KBS)  4
CHEM 10061  GENERAL CHEMISTRY II (KBS)  4
CHEM 20481  BASIC ORGANIC CHEMISTRY I  4
EXSC 45080  PHYSIOLOGY OF EXERCISE (WIC)  3
MATH 11022  TRIGONOMETRY (KMCR)  3
Health Services Concentration Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
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<tr>
<td></td>
<td>Concentration Requirements (courses count in major GPA)</td>
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<tr>
<td>Introduction to Professional Electives, choose from the following: ¹</td>
<td>4-6</td>
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<tr>
<td>GER 14029</td>
<td>INTRODUCTION TO GERONTOLOGY (DIVD) (KSS)</td>
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<tr>
<td>HDFS 14027</td>
<td>INTRODUCTION TO HUMAN DEVELOPMENT AND FAMILY STUDIES</td>
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<tr>
<td>HDFS 44033</td>
<td>COMMUNITY OUTREACH IN NONPROFIT MANAGEMENT (ELR)</td>
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</tr>
<tr>
<td>HED 21030</td>
<td>INTRODUCTION TO HEALTH EDUCATION</td>
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<tr>
<td>HSRV 11000</td>
<td>FOUNDATIONS OF HUMAN SERVICES</td>
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</tr>
<tr>
<td>NURS 10060</td>
<td>INTRODUCTION TO PROFESSIONAL NURSING PRACTICE</td>
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<tr>
<td>NURS 20020</td>
<td>FOUNDATIONS OF ASSESSMENT AND COMMUNICATION IN NURSING</td>
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<tr>
<td>OCAT 10000</td>
<td>FOUNDATIONS IN OCCUPATIONAL THERAPY</td>
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<tr>
<td>PSYC 41581</td>
<td>HEALTH PSYCHOLOGY</td>
<td>3</td>
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or SOC 42563

SOCIETY OF HEALTH AND HEALTH CARE

SPA 44111

NEURAL PROCESSES

Health Sciences Electives, choose from the following: ⁴

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<th>Code</th>
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<tr>
<td>ATTR 45040</td>
<td>PATHOLOGY AND PHARMACOLOGY FOR ALLIED HEALTH CARE PROVIDERS</td>
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<tr>
<td>BSCI 20021</td>
<td>BASIC MICROBIOLOGY</td>
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<tr>
<td>BSCI 30130</td>
<td>HUMAN PHYSIOLOGY</td>
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<tr>
<td>BSCI 30050</td>
<td>HUMAN GENETICS</td>
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<tr>
<td>BSCI 30140</td>
<td>CELL BIOLOGY</td>
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<td>CHEM 30284</td>
<td>INTRODUCTORY BIOLOGICAL CHEMISTRY</td>
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<tr>
<td>EXSC 35075</td>
<td>EXERCISE PROGRAMMING</td>
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<tr>
<td>HDFS 44021</td>
<td>FAMILY INTERVENTION ACROSS THE LIFESPAN</td>
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</tr>
<tr>
<td>NURS 20950</td>
<td>HUMAN GROWTH AND DEVELOPMENT FOR HEALTH PROFESSIONALS</td>
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</tr>
<tr>
<td>NUTR 33512</td>
<td>INTERMEDIATE NUTRITION SCIENCE</td>
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<tr>
<td>PESP 25033</td>
<td>LIFESPAN MOTOR DEVELOPMENT</td>
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<tr>
<td>PSYC 40111</td>
<td>ABNORMAL PSYCHOLOGY</td>
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Additional Requirements (courses do not count in major GPA)

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<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
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<tbody>
<tr>
<td>MATH 11010</td>
<td>ALGEBRA FOR CALCULUS (KMCR) (min C grade)</td>
<td>3</td>
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<tr>
<td>PHY 13001</td>
<td>GENERAL COLLEGE PHYSICS I (KBS)</td>
<td>4</td>
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<tr>
<td>PHY 13002</td>
<td>GENERAL COLLEGE PHYSICS II (KBS)</td>
<td>4</td>
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<td>PHY 13021</td>
<td>GENERAL COLLEGE PHYSICS LABORATORY I (KBS) (KLAB)</td>
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<td>PHY 13022</td>
<td>GENERAL COLLEGE PHYSICS LABORATORY II (KBS) (KLAB)</td>
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<tr>
<td>Kent Core Social Sciences</td>
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<td>3</td>
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</tbody>
</table>

Minimum Total Credit Hours: 65

¹ Students who have successfully completed BSCI 11010/BSCI 11020 may use those courses in place of ATTR 25057/ATTR 25058.
² Students who plan to pursue graduate studies are recommended to also take laboratories CHEM 10062 and CHEM 10063.
³ A minimum C grade must be earned to fulfill the writing-intensive requirement.
⁴ Students must complete a minimum of one upper division course (30000 or 40000 level) to fulfill this concentration elective.

Health Services Electives, choose from the following: ¹ 15-16

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
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<tbody>
<tr>
<td>BSCI 30050</td>
<td>HUMAN GENETICS</td>
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<tr>
<td>BSCI 30130</td>
<td>HUMAN PHYSIOLOGY</td>
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</tr>
<tr>
<td>GERO 44030</td>
<td>ADULT DEVELOPMENT AND AGING (WIC)</td>
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<tr>
<td>HDFS 24011</td>
<td>INTERPERSONAL RELATIONSHIPS AND FAMILIES (DIVD)</td>
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<tr>
<td>HDFS 24012</td>
<td>CHILD DEVELOPMENT</td>
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<tr>
<td>HDFS 44020</td>
<td>ADOLESCENT DEVELOPMENT</td>
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<tr>
<td>HED 11570</td>
<td>PERSONAL HEALTH</td>
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<tr>
<td>HED 21050</td>
<td>HEALTH EDUCATION THEORIES</td>
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<tr>
<td>HED 32530</td>
<td>DRUG USE AND MISUSE</td>
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<tr>
<td>HED 32544</td>
<td>HUMAN SEXUALITY</td>
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<tr>
<td>HED 44025</td>
<td>WOMEN'S HEALTH ISSUES</td>
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<tr>
<td>HED 46057</td>
<td>ADVANCED HUMAN SEXUALITY</td>
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<tr>
<td>NURS 20950</td>
<td>HUMAN GROWTH AND DEVELOPMENT FOR HEALTH PROFESSIONALS</td>
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<tr>
<td>NUTR 33512</td>
<td>INTERMEDIATE NUTRITION SCIENCE</td>
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<td>PSYC 41581</td>
<td>HEALTH PSYCHOLOGY</td>
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Additional Requirements (courses do not count in major GPA)

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<tr>
<td>HDFS 34031</td>
<td>CULTURAL DIVERSITY: IMPLICATIONS FOR THE HELPING PROFESSIONS</td>
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<td>HDFS 44032</td>
<td>NONPROFIT FUNDRAISING AND GRANTWRITING</td>
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<td>HDFS 44034</td>
<td>PRINCIPLES AND PRACTICES OF NONPROFIT MANAGEMENT</td>
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<td>HED 11590</td>
<td>COMMUNITY HEALTH EDUCATION</td>
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<td>HED 32542</td>
<td>METHODS AND APPLICATIONS OF HEALTH EDUCATION (WIC)</td>
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<tr>
<td>HED 34050</td>
<td>PROGRAM PLANNING AND EVALUATION IN HEALTH EDUCATION</td>
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<td>HED 42041</td>
<td>HEALTH COACHING</td>
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<td>NURS 20030</td>
<td>FOUNDATIONS OF NURSING INTERVENTIONS</td>
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<td>PSYC 40383</td>
<td>INTRODUCTION TO CLINICAL PSYCHOLOGY</td>
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<td>SOC 42563</td>
<td>SOCIOLOGY OF HEALTH AND HEALTH CARE</td>
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Kent Core Social Sciences | 3

Kent Core Additional | 6

General Electives (total credit hours depends on earning 120 credit hours, including 39 upper-division credit hours) | 13

Minimum Total Credit Hours: 65

¹ Allied health coursework may be used to fulfill the requirements for the Introduction to Profession Electives (maximum 5 credit hours) and Health Services Electives (maximum 9 credit hours).
² Minimum one course must include a laboratory.

Graduation Requirements

<table>
<thead>
<tr>
<th>Minimum Major GPA</th>
<th>Minimum Overall GPA</th>
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<tr>
<td>2.250</td>
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Roadmaps

- Health Care Administration and Systems Concentration
- Health Sciences Concentration
- Health Services Concentration
# HEALTH CARE ADMINISTRATION AND SYSTEMS CONCENTRATION

This roadmap is a recommended semester-by-semester plan of study for this major. However, courses designated as critical (!) must be completed in the semester listed to ensure a timely graduation.

<table>
<thead>
<tr>
<th>Semester One</th>
<th>Credits</th>
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<tbody>
<tr>
<td>IHS 10000 CAREERS IN HEALTH SCIENCES AND HUMAN SERVICES</td>
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<tr>
<td>MATH 11009 MODELING ALGEBRA (KMCR)</td>
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<tr>
<td>UC 10097 DESTINATION KENT STATE: FIRST YEAR EXPERIENCE</td>
<td>1</td>
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<td>Kent Core Requirement</td>
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<td><strong>Credit Hours</strong></td>
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<thead>
<tr>
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<tr>
<td>HED 14020 MEDICAL TERMINOLOGY</td>
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<tr>
<td>Biology (BSCI) or Chemistry (CHEM) Course from Kent Core Basic Sciences</td>
<td>3-4</td>
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<td>Kent Core Requirement</td>
<td>3</td>
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<tr>
<td>ACCT 23020 INTRODUCTION TO FINANCIAL ACCOUNTING</td>
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<tr>
<td>ECON 22060 PRINCIPLES OF MICROECONOMICS (KSS)</td>
<td>3</td>
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<td>JMC 28001 PRINCIPLES OF PUBLIC RELATIONS</td>
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<tr>
<td>PSYC 11762 GENERAL PSYCHOLOGY (DIVD) (KSS)</td>
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<td>Kent Core Requirement</td>
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<th>Semester Four</th>
<th>Credits</th>
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<tbody>
<tr>
<td>ACCT 23021 INTRODUCTION TO MANAGERIAL ACCOUNTING</td>
<td>3</td>
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<tr>
<td>CIS 24053 INTRODUCTION TO COMPUTER APPLICATIONS</td>
<td>3</td>
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<tr>
<td>ECON 22061 PRINCIPLES OF MACROECONOMICS (KSS)</td>
<td>3</td>
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<tr>
<td>Biology (BSCI) or Chemistry (CHEM) Course from Kent Core Basic Sciences</td>
<td>3-4</td>
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<tr>
<td>General Elective</td>
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<td><strong>Credit Hours</strong></td>
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<tr>
<td>MKTG 25010 PRINCIPLES OF MARKETING</td>
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<td>MGMT 24163 PRINCIPLES OF MANAGEMENT</td>
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<td>POL 30301 INTRODUCTION TO PUBLIC ADMINISTRATION</td>
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<tr>
<td>PSYC 21621 QUANTITATIVE METHODS IN PSYCHOLOGY I</td>
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<tr>
<td>General Elective</td>
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<tr>
<td>ECON 42086 ECONOMICS OF HEALTH CARE</td>
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<td>NURS 45010 HEALTHCARE POLICY AND DELIVERY SYSTEMS or NURS 46000 HEALTH CARE POLICY</td>
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<tr>
<td>PSYC 41581 HEALTH PSYCHOLOGY or SOC 42563 SOCIOLOGY OF HEALTH AND HEALTH CARE</td>
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<tr>
<td>General Electives</td>
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<th>Semester Seven</th>
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<tr>
<td>IHS 44010 RESEARCH DESIGN AND STATISTICAL METHODS IN THE HEALTH PROFESSIONS</td>
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<th>Semester Eight</th>
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<td>! IHS 40091 SEMINAR FOR PRACTICUM IN INTEGRATED HEALTH STUDIES</td>
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<tr>
<td>! IHS 44091 PROFESSIONAL SEMINAR IN INTEGRATED HEALTH STUDIES (WIC)</td>
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<tr>
<td>IHS 44092 PRACTICUM IN INTEGRATED HEALTH STUDIES (ELR)</td>
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<tr>
<td>General Electives</td>
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<td><strong>Credit Hours</strong></td>
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**Minimum Total Credit Hours:** 120
Health Sciences Concentration

This roadmap is a recommended semester-by-semester plan of study for this major. However, courses designated as critical (!) must be completed in the semester listed to ensure a timely graduation.

<table>
<thead>
<tr>
<th>Semester One</th>
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<tr>
<td>BSCI 10110 or CHEM 10060</td>
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# Health Services Concentration

This roadmap is a recommended semester-by-semester plan of study for this major. However, courses designated as critical (!) must be completed in the semester listed to ensure a timely graduation.

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Credit Hours 14

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Credit Hours 15

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Credit Hours 16

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Credit Hours 15

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Credit Hours 15

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