

SCHOOL HEALTH EDUCATION - B.S.E.

College of Education Health and Human Services

School of Health Sciences

100 Nixon Hall

Kent Campus

330-672-2197

www.kent.edu/ehhs/hs

Description

The Bachelor of Science in Education degree in School Health Education prepares individuals to teach health education in the schools. Graduates are eligible to pursue the state's multi-age licensure. Students complete a variety of field experiences and a culminating student teaching experience.

The Health and Physical Education optional concentration allows students to seek Ohio teacher licensure in both health education and physical education. The program is designed to be completed in five years and can allow students to satisfy up to 12 credit hours of program requirements with graduate courses.

Fully Offered At:

- Kent Campus

Accreditation

National Council for Accreditation of Teacher Education

Admission Requirements

Admission to this major is selective. Admission to the college does not guarantee admission to a major and/or admission to professional coursework for a selective admission program. To be admitted directly into a teacher education program, it is required that new freshmen have a 2.750 high school GPA. Students who do not meet the GPA requirement at the time of admission for this major will be admitted to the EHHS General non-degree program until which time they have established a Kent State GPA of 2.750. They may then submit a change of program to declare this major.

Students are accepted into a teacher licensure program by transfer if they have achieved a minimum 2.750 GPA in previous college coursework. They must meet with an academic advisor in 304 White Hall as soon as possible to review specific requirements for admission to advanced study.

English Language Proficiency Requirements for International Students:

All international students must provide proof of English language proficiency (unless they meet specific exceptions) by earning a minimum 525 TOEFL score (71 on the Internet-based version), minimum 75 MELAB score, minimum 6.0 IELTS score or minimum 48 PTE Academic score, or by completing the ELS level 112 Intensive Program. For more information on international admission, visit the Office of Global Education's admission website.

Current Kent State and Transfer Students: Active Kent State students who wish to change their major must have attempted a minimum 12

credit hours at Kent State and meet all admission criteria listed above to be admitted. Students who have not attempted 12 credit hours at Kent State will be evaluated for admission based on their high school GPA for new students or transfer GPA for transfer students. Transfer students who have not attempted 12 credit hours of college-level coursework at Kent State and/or other institutions will be evaluated based on both their high school GPA and college GPA.

Program Learning Outcomes

Graduates of the program will be able to:

1. Analyze factors affecting the successful implementation of health education and Coordinated School Health (CSH); select media and resources best suited to implement plans for diverse learners; exhibit competence in carrying out planned programs; and monitor educational programs, adjusting objectives and instructional strategies as necessary.
2. Evaluate the effectiveness of CSH; develop plans to assess student achievement of program objectives; carry out evaluation plans; interpret results of program evaluation; and infer implications of evaluation findings for future programs.
3. Coordinate provision of health education programs and services and develop a plan for comprehensive school health education with other components of a school health program; demonstrate the dispositions and skills to facilitate cooperation among health educators, other teachers and appropriate school staff; formulate practical modes of collaboration among health educators in all settings and other school and community health professionals; and organize professional development programs for teachers, other school personnel, community members and other interested individuals.
4. Utilize computerized health information retrieval systems effectively; establish effective consultative relationships with those requesting assistance in solving health-related problems; interpret and respond to requests for health information; and select effective educational resource materials for dissemination.
5. Communicate health information needs, concerns, and resources; interpret concepts, purposes, and theories of health education; predict the impact of social value systems on health education programs; select a variety of communication methods and techniques in providing health information; and foster communication between health care providers and consumers.
6. Obtain health-related data about social and cultural environments, growth and development factors, needs and interests of students; distinguish between the behaviors that foster and those that hinder well-being; and determine health education needs based on observed and obtained data.
7. Recruit school and community representatives to support and assist in program planning; develop a logical scope and sequence plan for a health education program; formulate appropriate and measurable learner objectives; and design educational strategies consistent with specified learner objectives.
8. Communicate and advocate for health and school health education by: analyzing and responding to factors that impact current and future needs in comprehensive school health education, applying a variety of communication methods and techniques, advocating for school health education and demonstrating professionalism.

University Requirements

All students in a bachelor's degree program at Kent State University must complete the following university requirements for graduation.

NOTE: University requirements may be fulfilled in this program by specific course requirements. Please see Program Requirements for details.

Destination Kent State: First Year Experience	1
Course is not required for students with 25 transfer credits, excluding College Credit Plus, or age 21+ at time of admission.	
Diversity Domestic/Global (DIVD/DIVG)	2 courses
Students must successfully complete one domestic and one global course, of which one must be from the Kent Core.	
Experiential Learning Requirement (ELR)	varies
Students must successfully complete one course or approved experience.	
Kent Core (see table below)	36-37
Writing-Intensive Course (WIC)	1 course
Students must earn a minimum C grade in the course.	
Upper-Division Requirement	39 (or 42)
Students must successfully complete 39 upper-division (numbered 30000 to 49999) credit hours to graduate. Students in a B.A. and/or B.S. degree in the College of Arts and Sciences must complete 42 upper-division credit hours.	
Total Credit Hour Requirement	120
Some bachelor's degrees require students to complete more than 120 credit hours.	

Kent Core Requirements

Kent Core Composition (KCOMP)	6
Kent Core Mathematics and Critical Reasoning (KMCR)	3
Kent Core Humanities and Fine Arts (KHUM/KFA) (min one course each)	9
Kent Core Social Sciences (KSS) (must be from two disciplines)	6
Kent Core Basic Sciences (KBS/KLAB) (must include one laboratory)	6-7
Kent Core Additional (KADL)	6
Total Credit Hours:	36-37

Program Requirements

Major Requirements

Code	Title	Credit Hours
Major Requirements (courses count in major GPA; minimum C grade in all courses)		
HED 11570	PERSONAL HEALTH	3
HED 20000	TEACHING HEALTH TO YOUNG LEARNERS	3
HED 21030	INTRODUCTION TO HEALTH EDUCATION	3
HED 21050	HEALTH EDUCATION THEORIES	3
HED 32530	DRUG USE AND MISUSE	3
HED 32542	METHODS AND APPLICATIONS OF HEALTH EDUCATION (WIC)	5
HED 32544	HUMAN SEXUALITY	3
HED 34050	PROGRAM PLANNING AND EVALUATION IN HEALTH EDUCATION	3
HED 42041	HEALTH COACHING	3

HED 44543	ADMINISTRATION OF SCHOOL HEALTH PROGRAMS	3
HED 44544	SEXUALITY EDUCATION PROGRAMS	3
HED 44550	DRUG ABUSE AND VIOLENCE EDUCATION PROGRAMS	3

Additional Requirements (courses do not count in major GPA)		
CI 47330	READING AND WRITING IN ADOLESCENCE/ADULTHOOD (min C grade)	3
COMM 15000	INTRODUCTION TO HUMAN COMMUNICATION (KADL) (min C grade)	3
CULT 29535	EDUCATION IN A DEMOCRATIC SOCIETY (min C grade)	3
EPSY 29525	EDUCATIONAL PSYCHOLOGY (min C grade)	3
NUTR 23511	SCIENCE OF HUMAN NUTRITION (KBS) (min C grade)	3
PSYC 11762	GENERAL PSYCHOLOGY (DIVD) (KSS) (min C grade)	3
SPED 23000	INTRODUCTION TO EXCEPTIONALITIES (DIVD) (min C grade)	3
UC 10097	DESTINATION KENT STATE: FIRST YEAR EXPERIENCE	1
Kent Core Composition (min C grade)		6
Kent Core Mathematics and Critical Reasoning		3
Kent Core Humanities and Fine Arts (minimum one course from each)		6
Kent Core Social Science (must be from two disciplines)		3

Additional Requirements or Concentration		
Choose from the following:		42-80
Additional Requirements for Students Not Declaring a Concentration		
Health and Physical Education concentration		
Minimum Total Credit Hours:		120-158

Additional Requirements for Students Not Declaring a Concentration

Code	Title	Credit Hours
Major Requirements (courses count in major GPA)		
HED 11590	COMMUNITY HEALTH EDUCATION (min C grade)	3
HED 42358	STUDENT TEACHING IN HEALTH EDUCATION (ELR)	9
HED 49525	INQUIRY SEMINAR INTO PROFESSIONAL PRACTICE (min C grade)	3
PWS 10035	LIFETIME FITNESS (min C grade)	2
Health Education Electives, choose from the following (min C grade):		8
HED 32575	CONSUMER HEALTH	
HED 34060	SMALL GROUP PROCESS	
HED 42575	HEALTH AND LEARNING: STRATEGIES FOR STUDENTS AND TEACHERS	
HED 44025	WOMEN'S HEALTH ISSUES	
HED 46052	STRESS: RECOGNITION AND MANAGEMENT	
HED 46057	ADVANCED HUMAN SEXUALITY	
HED 47070	AIDS: ISSUES, EDUCATION AND PREVENTION	
HED 48092	FIELD EXPERIENCE IN HEALTH EDUCATION AND PROMOTION (ELR)	
Additional Requirements (courses do not count in major GPA)		
BSCI 10001	HUMAN BIOLOGY (KBS) (min C grade)	3
ETEC 39525	EDUCATIONAL TECHNOLOGY (min C grade)	3

ETEC 47427	TECHNOLOGY AND LEARNING (min C grade)	3
or ETEC 47400	TRENDS IN EDUCATIONAL TECHNOLOGY	
PHIL 11001	INTRODUCTION TO PHILOSOPHY (DIVG) (KHUM) (min C grade)	3
or PHIL 21001	INTRODUCTION TO ETHICS (DIVG) (KHUM)	
PSYC 20651	CHILD PSYCHOLOGY (DIVD) (KSS) (min C grade)	3
Kent Core Basic Sciences Laboratory		1
General Elective		1
Minimum Total Credit Hours:		42

Health and Physical Education Concentration Requirements

Code	Title	Credit Hours
Concentration Requirements (courses count in major GPA)		
ATTR/EXSC 25057	HUMAN ANATOMY AND PHYSIOLOGY I (KBS) (KLAB) (min C grade) ¹	4
EHHS 49526	STUDENT TEACHING IN HEALTH AND PHYSICAL EDUCATION (ELR)	10
HED 49525	INQUIRY SEMINAR INTO PROFESSIONAL PRACTICE (min C grade)	3
PEP 15010	INTRODUCTION TO PHYSICAL EDUCATION, FITNESS AND SPORT (min C grade)	3
PEP 15011	DEVELOPMENT AND ANALYSIS OF INVASION GAMES (min C grade)	3
PEP 15015	DEVELOPMENT AND ANALYSIS OF NET GAMES (min C grade)	3
PEP 15016	DEVELOPMENT AND ANALYSIS OF TARGET AND FIELD GAMES (min C grade)	3
PEP 15020	FUNDAMENTAL MOVEMENT, GYMNASTICS AND DANCE (min C grade)	3
PEP 25025	TEACHING IN PHYSICAL EDUCATION (min C grade)	3
PEP 25026	OVERVIEW OF OUTDOOR PURSUITS AND ADVENTURE EDUCATION (min C grade)	3
PEP 25033	LIFESPAN MOTOR DEVELOPMENT (min C grade)	3
PEP 25056	ASSESSMENT OF LEARNING IN PHYSICAL EDUCATION AND SPORT (min C grade)	3
PEP 35020	FITNESS EDUCATION (min C grade)	3
PEP 35084	MOTOR SKILL ANALYSIS (min C grade)	3
PEP 45037	ADAPTED PHYSICAL EDUCATION (min C grade)	3
PEP 45051	ELEMENTARY SCHOOL PHYSICAL EDUCATION METHODS (min C grade)	3
PEP 45053	ELEMENTARY SCHOOL PHYSICAL EDUCATION CONTENT (min C grade)	3
PEP 45058	SECONDARY SCHOOL PHYSICAL EDUCATION METHODS (min C grade)	3
PEP 45059	SECONDARY SCHOOL PHYSICAL EDUCATION CONTENT (min C grade)	3
PEP 49525	INQUIRY INTO PROFESSIONAL PRACTICE IN PHYSICAL EDUCATION (min C grade)	3
SPAD 35065	HISTORY AND PHILOSOPHY OF SPORT AND PHYSICAL ACTIVITY (WIC) (min C grade)	3
Physical Activity, Wellness and Sport (PWS) Electives, choose from the following (min C grade):		3
PWS 10020	DEVELOPMENT AND CONDITIONING	
PWS 10036	FITNESS WALKING	
PWS 10306	JOGGING	

PWS 10403	BEGINNING BALLROOM DANCE
PWS 10413	LATIN SOCIAL DANCE
PWS 11426	VARSITY SPORT TRAINING AND CONDITIONING
PWS 11604	BEGINNING KARATE
PWS 11633	JU JITSU
PWS 11634	SELF-DEFENSE
PWS 11663	BEGINNING YOGA
PWS 11664	PILATES
PWS 11665	ZUMBA
PWS 11666	BEGINNING SPINNING
PWS 11667	BOOT CAMP I
PWS 11673	INTERMEDIATE YOGA
PWS 11674	INTERMEDIATE PILATES
PWS 11675	ZUMBA TONING
PWS 12324	WEIGHT TRAINING
PWS 12325	WOMEN'S WEIGHT TRAINING
PWS 12424	EXERCISE AND WEIGHT CONTROL
PWS 12425	NAUTILUS EXERCISES
PWS 13003	DANCE EXERCISE
PWS 13010	JUDO-JUJITSU
PWS 13016	CYCLING
PWS 13040	CARDIO KICKBOXING

Additional Requirements (courses do not count in major GPA)

Kent Core Humanities and Fine Arts (minimum one course from each)	3
Kent Core Additional	3
Minimum Total Credit Hours:	80

¹ Students who have successfully completed BSCI 11010 may use that course in place of ATTR 25057/EXSC 25057.

Licensure Information

Candidates seeking Ohio licensure are required to pass specific assessments in order to apply for licensure. See Ohio Department of Education-Educator Preparation website for more information on assessments specific to licensure type. Taking and passing the licensure tests prior to graduation is encouraged but not required.

Students must apply for State of Ohio Licensure (defined by completion of all licensure program requirements) within 12 months of program completion. After 12 months, applicants must meet State approved program/licensure requirements that are in effect at the time of application. This means that students who apply after the 12 month deadline may have to take additional coursework if the content, methods courses, program requirements, or licensure requirements have changed from the catalog in force.

Progression Requirement

Students must meet all professional requirements for admission to advanced study.

To manage enrollment and deliver high-quality programs, the faculty will select the most qualified applicants for admission based upon evaluation of standardized test scores of reading, writing and mathematics; academic success (overall GPA¹) at Kent State University; non-academic criteria and other specific program criteria.

Please be aware that reapplication may be necessary if postponing advanced study coursework or if withdrawn for one year or more.

¹ Undergraduate students who have not completed a minimum of 12 Kent State University credit hours will be evaluated for advanced study and professional phase based on their high school GPA for new freshmen or transfer GPA for transfer students.

Graduation Requirements

Minimum Major GPA	Minimum Overall GPA
2.750	2.750

- Students in the Health Physical Education concentration must provide evidence of certification in First Aid, CPR and minimum equivalence to level 5 competency in Red Cross Swimming.

Roadmaps

- School Health Education (no concentration)
- Health and Physical Education Concentration

SCHOOL HEALTH EDUCATION (NO CONCENTRATION)

This roadmap is a recommended semester-by-semester plan of study for this major. However, courses designated as critical (!) must be completed in the semester listed to ensure a timely graduation.

Semester One		Credits
!	COMM 15000 INTRODUCTION TO HUMAN COMMUNICATION (KADL)	3
!	HED 11590 COMMUNITY HEALTH EDUCATION	3
	UC 10097 DESTINATION KENT STATE: FIRST YEAR EXPERIENCE	1
	Kent Core Requirement	3
	Kent Core Requirement	3
	Kent Core Requirement	3
Credit Hours		16
Semester Two		
Requirement: Successful completion of Praxis Core Reading, Writing and Mathematics		
!	CULT 29535 EDUCATION IN A DEMOCRATIC SOCIETY	3
!	HED 11570 PERSONAL HEALTH	3
!	PHIL 11001 INTRODUCTION TO PHILOSOPHY (DIVG) (KHUM) or INTRODUCTION TO ETHICS (DIVG) (KHUM) PHIL 21001	3
!	PSYC 11762 GENERAL PSYCHOLOGY (DIVD) (KSS)	3
	PWS 10035 LIFETIME FITNESS	2
	Kent Core Requirement	3
Credit Hours		17
Semester Three		
Requirement: minimum 2.750 overall GPA by the end of term; minimum 2.750 major GPA		
!	BSCI 10001 HUMAN BIOLOGY (KBS)	3
	HED 21030 INTRODUCTION TO HEALTH EDUCATION	3
!	PSYC 20651 CHILD PSYCHOLOGY (DIVD) (KSS)	3
	Kent Core Requirement	3
	Kent Core Requirement	3
Credit Hours		15
Semester Four		
Requirement: apply online for Advanced Study by the second Friday of the term; 2.750 minimum overall GPA; minimum 2.750 major GPA		
!	EPSY 29525 EDUCATIONAL PSYCHOLOGY	3
	HED 20000 TEACHING HEALTH TO YOUNG LEARNERS	3
	HED 32530 DRUG USE AND MISUSE	3
	HED 32544 HUMAN SEXUALITY	3
	Kent Core Requirement	1
	General Elective	1
Credit Hours		14
Semester Five		
Requirement: minimum 2.750 major GPA; minimum 2.750 overall GPA		
	HED 21050 HEALTH EDUCATION THEORIES	3
!	HED 32542 METHODS AND APPLICATIONS OF HEALTH EDUCATION (WIC)	5
	ETEC 39525 EDUCATIONAL TECHNOLOGY	3
	NUTR 23511 SCIENCE OF HUMAN NUTRITION (KBS)	3
	Health Education (HED) Elective	2
Credit Hours		16

Semester Six

Requirement: apply for student teaching; minimum 2.750 major GPA; minimum 2.750 overall GPA		
HED 34050	PROGRAM PLANNING AND EVALUATION IN HEALTH EDUCATION	3
HED 44543	ADMINISTRATION OF SCHOOL HEALTH PROGRAMS	3
HED 44544	SEXUALITY EDUCATION PROGRAMS	3
HED 44550	DRUG ABUSE AND VIOLENCE EDUCATION PROGRAMS	3
SPED 23000	INTRODUCTION TO EXCEPTIONALITIES (DIVD)	3
Credit Hours		15

Semester Seven

Requirement: minimum 2.750 major GPA; minimum 2.750 overall GPA		
CI 47330	READING AND WRITING IN ADOLESCENCE/ADULTHOOD	3
HED 42041	HEALTH COACHING	3
ETEC 47427 or ETEC 47400	TECHNOLOGY AND LEARNING or TRENDS IN EDUCATIONAL TECHNOLOGY	3
Health Education (HED) Electives		6
Credit Hours		15

Semester Eight

Requirement: minimum 2.750 major GPA; minimum 2.750 overall GPA		
HED 42358	STUDENT TEACHING IN HEALTH EDUCATION (ELR)	9
!	HED 49525 INQUIRY SEMINAR INTO PROFESSIONAL PRACTICE	3
Credit Hours		12
Minimum Total Credit Hours:		120

Health and Physical Education Concentration

This roadmap is a recommended semester-by-semester plan of study for this major. However, courses designated as critical (!) must be completed in the semester listed to ensure a timely graduation.

Semester One		Credits
!	HED 11570 PERSONAL HEALTH	3
!	PEP 15010 INTRODUCTION TO PHYSICAL EDUCATION, FITNESS AND SPORT	3
!	PEP 15020 FUNDAMENTAL MOVEMENT, GYMNASTICS AND DANCE	3
	UC 10097 DESTINATION KENT STATE: FIRST YEAR EXPERIENCE	1
	Kent Core Requirement	3
	Kent Core Requirement	3
Credit Hours		16
Semester Two		
Requirement: Successful completion of Praxis Core Reading, Writing and Mathematics		
	COMM 15000 INTRODUCTION TO HUMAN COMMUNICATION (KADL)	3
!	CULT 29535 EDUCATION IN A DEMOCRATIC SOCIETY	3
!	PEP 15015 DEVELOPMENT AND ANALYSIS OF NET GAMES	3
	PEP 25026 OVERVIEW OF OUTDOOR PURSUITS AND ADVENTURE EDUCATION	3
!	Physical Activity, Wellness and Sport (PWS) Elective	1
	Kent Core Requirement	3
Credit Hours		16
Semester Three		
	HED 21030 INTRODUCTION TO HEALTH EDUCATION	3
!	PEP 15011 DEVELOPMENT AND ANALYSIS OF INVASION GAMES	3
!	PEP 15016 DEVELOPMENT AND ANALYSIS OF TARGET AND FIELD GAMES	3
	PEP 25056 ASSESSMENT OF LEARNING IN PHYSICAL EDUCATION AND SPORT	3
	Kent Core Requirement	3
Credit Hours		15
Semester Four		
!	EPSY 29525 EDUCATIONAL PSYCHOLOGY	3
	HED 20000 TEACHING HEALTH TO YOUNG LEARNERS	3
	PSYC 11762 GENERAL PSYCHOLOGY (DIVD) (KSS)	3
	Physical Activity, Wellness and Sport (PWS) Electives	2
	Kent Core Requirement	3
	Kent Core Requirement	3
Credit Hours		17
Semester Five		
Requirement: minimum 2.750 overall GPA by the end of term; minimum 2.750 major GPA		
!	ATTR 25057 HUMAN ANATOMY AND PHYSIOLOGY I (KBS) or EXSC 25057 or HUMAN ANATOMY AND PHYSIOLOGY I (KBS) (KLAB)	3
	HED 21050 HEALTH EDUCATION THEORIES	3
	PEP 25033 LIFESPAN MOTOR DEVELOPMENT	3
	SPED 23000 INTRODUCTION TO EXCEPTIONALITIES (DIVD)	3
	Kent Core Requirement	3
	Kent Core Requirement	3
Credit Hours		18

Semester Six

Requirement: apply online for Advanced Study by the second Friday of the term; 2.750 minimum overall GPA; minimum 2.750 major GPA

!	PEP 25025 TEACHING IN PHYSICAL EDUCATION	3
	HED 32530 DRUG USE AND MISUSE	3
	HED 32544 HUMAN SEXUALITY	3
	HED 44543 ADMINISTRATION OF SCHOOL HEALTH PROGRAMS	3
	PEP 35084 MOTOR SKILL ANALYSIS	3
Credit Hours		15

Semester Seven

Requirement: minimum 2.750 major GPA; minimum 2.750 overall GPA

!	HED 32542 METHODS AND APPLICATIONS OF HEALTH EDUCATION (WIC)	5
	HED 42041 HEALTH COACHING	3
	PEP 35020 FITNESS EDUCATION	3
	SPAD 35065 HISTORY AND PHILOSOPHY OF SPORT AND PHYSICAL ACTIVITY (WIC)	3
Credit Hours		14

Semester Eight

Requirement: apply for student teaching; minimum 2.750 major GPA; minimum 2.750 overall GPA

	HED 34050 PROGRAM PLANNING AND EVALUATION IN HEALTH EDUCATION	3
	HED 44544 SEXUALITY EDUCATION PROGRAMS	3
	HED 44550 DRUG ABUSE AND VIOLENCE EDUCATION PROGRAMS	3
!	PEP 45058 SECONDARY SCHOOL PHYSICAL EDUCATION METHODS	3
!	PEP 45059 SECONDARY SCHOOL PHYSICAL EDUCATION CONTENT	3
Credit Hours		15

Semester Nine

Requirement: minimum 2.750 major GPA; minimum 2.750 overall GPA

	CI 47330 READING AND WRITING IN ADOLESCENCE/ADULTHOOD	3
	NUTR 23511 SCIENCE OF HUMAN NUTRITION (KBS)	3
	PEP 45037 ADAPTED PHYSICAL EDUCATION	3
!	PEP 45051 ELEMENTARY SCHOOL PHYSICAL EDUCATION METHODS	3
!	PEP 45053 ELEMENTARY SCHOOL PHYSICAL EDUCATION CONTENT	3
Credit Hours		15

Semester Ten

Requirement: minimum 2.750 major GPA; minimum 2.750 overall GPA

	EHHS 49526 STUDENT TEACHING IN HEALTH AND PHYSICAL EDUCATION (ELR)	10
!	HED 49525 INQUIRY SEMINAR INTO PROFESSIONAL PRACTICE	3
!	PEP 49525 INQUIRY INTO PROFESSIONAL PRACTICE IN PHYSICAL EDUCATION	3
Credit Hours		16

Minimum Total Credit Hours: 157