ALLIED HEALTH SCIENCES (AHS)

AHS 11001 PERSONAL TRAINING, WELLNESS AND EXERCISE 3 Credit Hours
Theoretical and practical competencies required of a qualified personal trainer, including exercise, nutrition and wellness concepts that are immediately applicable to improve personal lifestyle decisions. Receive hands on experience in training, instruction and professional skill development. Upon completion students are qualified to sit for the personal trainer certification exam administered by the National Council on Strength and Fitness (NCSF).
Prerequisite: None.
Schedule Type: Combined Lecture and Lab
Contact Hours: 2 lecture, 2 lab
Grade Mode: Standard Letter

AHS 12000 BASIC PRINCIPLES OF PHARMACOLOGY 2 Credit Hours
Identify and apply the basic principles of pharmacology to client care. Explore pharmaceutics, pharmacokinetics, pharmacodynamics, pharmacology-related math, drug classification, and safe preparation and administration of medications.
Prerequisite: Nursing Technology, Nursing, Physical Therapist Assistant Technology, Occupational Therapist Assistant Technology, Radiologic Technology or Respiratory Therapy Technology major.
Schedule Type: Lecture
Contact Hours: 2 lecture
Grade Mode: Standard Letter

AHS 12005 CONCEPTS IN LIFESPAN DEVELOPMENT 3 Credit Hours
Developmental theories and assessment measures throughout the lifespan, with application to the rehabilitation client.
Prerequisite: PSYC 11762.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

AHS 12010 PROFESSIONALISM IN HEALTHCARE 1 Credit Hour
Provides information concerning the professional behaviors and communication skills necessary for all healthcare providers to effectively interact with clients, related healthcare professionals and others. Students will gain an understanding of the importance of being professional, ethical and competent in their fields.
Prerequisite: None.
Schedule Type: Seminar
Contact Hours: 1 other
Grade Mode: Standard Letter

AHS 14016 PATIENT CARE MANAGEMENT 2 Credit Hours
Ethical and legal aspects, interpersonal communication, history taking, physical assistance and monitoring, medical emergencies, infection control, aseptic and non-septic techniques, patient tubes and lines, safe patient movement and handling techniques, immobilization techniques, vital signs, and pharmacology are topics covered. Some activities are done in the lab setting.
Prerequisite: Special approval.
Schedule Type: Combined Lecture and Lab
Contact Hours: 1 lecture, 2 lab
Grade Mode: Standard Letter