HUMAN DEVELOPMENT AND FAMILY STUDIES (HDFS)

HDFS 14027 INTRODUCTION TO HUMAN DEVELOPMENT AND FAMILY STUDIES 3 Credit Hours
This course is intended to introduce students to the study of lifespan development and family studies. Career opportunities available to Human Development and Family Studies (HDFS) graduates are explored and skills required to succeed in the field are introduced.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 24011 INTERPERSONAL RELATIONSHIPS AND FAMILIES (DIVD) 3 Credit Hours
( Equivalent to SOC 24011) Exploration of the sociological nature of families across the lifespan, focusing on structure, diversity and life course processes such as dating, mate selection, cohabitation, marriage, parenthood, divorce, remarriage, singlehood, widowhood, parent-child interactions, sexual orientation, inequality and difference.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter
Attributes: Diversity Domestic

HDFS 24012 CHILD DEVELOPMENT 3 Credit Hours
General development of the child from prenatal through middle childhood.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 24013 EARLY ADOLESCENCE 3 Credit Hours
Examines the fundamental transitions, social contexts and psychosocial processes involved in human development from ages 10 through 15. Implications for working with this age group within schools, human service agencies and youth development programs.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 24014 BRIDGING CROSS-NATIONAL RELATIONSHIPS FOR INDIVIDUALS AND FAMILIES 3 Credit Hours
This an interactive course designed to promote students’ intercultural competence. The course provides students with an introduction to key components of various cultures around the world and with skills with which to build effective relationships with individuals from countries others than their own.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 24027 SPECIAL TOPICS IN HUMAN DEVELOPMENT AND FAMILY STUDIES 1-4 Credit Hours
(Repeatable for credit) Discussion of a major topic within human development or family studies.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 1-4 lecture
Grade Mode: Standard Letter

HDFS 25512 MANAGEMENT OF FAMILY RESOURCES 3 Credit Hours
Management as applied to individuals, families and human service professionals.
Prerequisite: HDFS 24011.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 34031 CULTURAL DIVERSITY: IMPLICATIONS FOR THE HELPING PROFESSIONS 3 Credit Hours
This class is designed to enhance the competence and success of students planning to work in human services. Learning how different cultural backgrounds influence the perceptions and behaviors of clients in the human service setting is emphasized.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 41093 VARIABLE TOPIC WORKSHOP: HUMAN DEVELOPMENT AND FAMILY STUDIES 1-3 Credit Hours
(Repeatable for credit) Workshop setting dealing with a topic or topics in human development and family studies. Learning experiences are provided in a wide range of areas.
Prerequisite: None.
Schedule Type: Workshop
Contact Hours: 1-3 other
Grade Mode: Satisfactory/Unsatisfactory

HDFS 41095 SPECIAL TOPICS IN HUMAN DEVELOPMENT AND FAMILY STUDIES 1-4 Credit Hours
(Repeatable for credit) (Slashed with HDFS 51095) Discussion of a major topic within human development or family studies.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 1-4 lecture
Grade Mode: Standard Letter

HDFS 41096 INDIVIDUAL INVESTIGATION 1-3 Credit Hours
(Repeatable for credit) (Slashed with HDFS 51096) Independent study in human development and family studies.
Prerequisite: Written special approval from instructor.
Schedule Type: Individual Investigation
Contact Hours: 1-3 other
Grade Mode: Standard Letter

HDFS 41097 AWAY EXPERIENCE (ELR) 3 Credit Hours
(Repeatable twice for credit) Exploration of human development and family studies-related topics while visiting various cultural contexts.
Prerequisite: Minimum 2.750 overall GPA, and special approval.
Schedule Type: Field Experience
Contact Hours: 9 other
Grade Mode: Standard Letter-IP
Attributes: Experiential Learning Requirement
HDFS 44018  PROFESSIONAL DEVELOPMENT IN HUMAN DEVELOPMENT AND FAMILY STUDIES  3 Credit Hours
Preparation of students for professional work experiences as well as providing an opportunity to discuss recent developments in the fields of human development, family studies and gerontology.
Prerequisite: Admission into the HDFS professional phase; and senior standing.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 44020  ADOLESCENT DEVELOPMENT  3 Credit Hours
(Slashed with HDFS 54020) Study of adolescent development with emphasis on forces related to adolescent behavior in the family and society. Evaluation of current research.
Prerequisite: Admission into the HDFS professional phase.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 44021  FAMILY INTERVENTION ACROSS THE LIFESPAN  3 Credit Hours
(Slashed with HDFS 54021) Evaluation of research and theoretical models in the area of family intervention. Focus on strategies for assisting families in coping with a variety of critical issues over the family life cycle.
Prerequisite: Admission into the HDFS professional phase.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 44022  CHANGING ROLES OF MEN AND WOMEN  3 Credit Hours
(Slashed with HDFS 54022) A study of roles of men and women, past, present and future.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 44023  BUILDING FAMILY STRENGTHS  3 Credit Hours
(Slashed with HDFS 54023) The Building Family Strengths Model builds upon family life potential; based on extensive research emphasizing identified family strengths.
Prerequisite: Admission into the HDFS professional phase.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 44028  PARENT-CHILD RELATIONSHIPS  3 Credit Hours
(Slashed with HDFS 54028) Study of parent-child relationships across the life span and within various contexts. Emphasis on the process of socialization and determinants of parent-child relationships based on current research.
Prerequisite: Admission into the HDFS professional phase.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 44029  FAMILY POLICY  3 Credit Hours
(Slashed with HDFS 54029) Understanding federal, state and local policy issues affecting families. Role of family life educator in promoting a family-friendly perspective in policy making.
Prerequisite: Admission into the HDFS professional phase.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 44030  FAMILY LIFE EDUCATION METHODOLOGY  3 Credit Hours
Developing teaching methods and techniques for family life education and the study of family life education content areas.
Prerequisite: Admission into the HDFS professional phase.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 44032  NONPROFIT FUNDRAISING AND GRANTWRITING  3 Credit Hours
(Slashed with HDFS 54032) Provides comprehensive preparation in planning, seeking and acquiring funding from available resources in supporting the mission of nonprofit human service agencies.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 44033  COMMUNITY OUTREACH IN NONPROFIT MANAGEMENT (ELR)  3 Credit Hours
An overview of nonprofit organizations at the local, national and international levels, including how to start and manage one. A comprehensive examination of the Board of Directors, advocacy and lobbying, program development, mission, vision and strategic goals, philanthropic fundraising and the financial management process, as well as the legal aspects. In addition, students will study service learning and complete a Field Experience at a nonprofit organization.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter
Attributes: Experiential Learning Requirement

HDFS 44034  PRINCIPLES AND PRACTICES OF NONPROFIT MANAGEMENT  3 Credit Hours
An overview of nonprofit organizations including the areas of risk management, mentoring, cultural competence, social entrepreneurship, and how to effectively manage paid staff and volunteers. In addition, students will learn about earned income strategies and the marketing-communication process, including the use of technology. The course will also cover leadership, communication and conflict resolution skills. Other areas of study include accountability and transparency, ethical behavior, building capacity, change management, and the importance of collaborations and mergers and government support in the sector.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter
HDFS 44035  
**ASSESSMENT AND STRATEGIES IN CASE MANAGEMENT**  
3 Credit Hours  
An examination of the evaluation of client needs and assessment of client condition. Course emphasizes interviewing as a major assessment strategy.  
**Prerequisite:** Admission into the HDFS professional phase.  
**Schedule Type:** Lecture  
**Contact Hours:** 3 lecture  
**Grade Mode:** Standard Letter

HDFS 44036  
**GENERAL CASE MANAGEMENT METHODS**  
3 Credit Hours  
Examination of case management processes and strategies, with focus on community resources to meet client needs in the human service setting.  
**Prerequisite:** Admission into the HDFS professional phase.  
**Schedule Type:** Lecture  
**Contact Hours:** 3 lecture  
**Grade Mode:** Standard Letter

HDFS 44037  
**POSITIVE YOUTH DEVELOPMENT**  
3 Credit Hours  
Examines individual, family, school and community characteristics that comprise developmental assets contributing to positive youth development (PYD). Definitions and descriptions of PYD approaches are examined as well as evaluations of program effectiveness. Common elements of PYD programs are explored, such as emphasizing youths' strengths, providing opportunities to learn healthy behaviors, promoting positive peer relationships, connecting youth with caring adults, empowering youth to assume leadership roles, and challenging youth in ways that build their competence. Implications for professional child and youth work are discussed.  
**Prerequisite:** HDFS 44020; and admission into the HDFS professional phase.  
**Schedule Type:** Lecture  
**Contact Hours:** 3 lecture  
**Grade Mode:** Standard Letter

HDFS 44038  
**PROFESSIONAL CHILD AND YOUTH WORK PRACTICE**  
3 Credit Hours  
Provides students with an understanding of the historical and current methodologies and organizational structures of professional child and youth work practice, emphasizing a synthesis of previous and new learning regarding five domains of competence (professionalism, cultural and human diversity, applied human development, relationship and communication and developmental practice methods). Practice issues in community-based and out-of-home care settings as well as work with various child and youth populations are explored.  
**Prerequisite:** Admission into the HDFS professional phase.  
**Schedule Type:** Lecture  
**Contact Hours:** 3 lecture  
**Grade Mode:** Standard Letter

HDFS 44039  
**BERREAVEMENT, TRAUMA AND OTHER LOSSES**  
3 Credit Hours  
Exploration of the impact of death, trauma and other losses on individuals and families across the lifespan. Consideration of gender, social and cultural context. Implications for human services professionals.  
**Prerequisite:** HDFS 24011.  
**Schedule Type:** Lecture  
**Contact Hours:** 3 lecture  
**Grade Mode:** Standard Letter

HDFS 44092  
**PRACTICUM IN HUMAN DEVELOPMENT AND FAMILY STUDIES (ELR)**  
3-6 Credit Hours  
(Repeatable for credit) (Slashed with HDFS 54092) Observation and participation in child, family and social service agencies. One class discussion per week. Students are required to complete Bureau of Criminal Investigation and Identification (BCII) and Federal Bureau of Investigation (FBI) background checks and submit the results to authorized personnel at their assigned school agency before the first day of the semester in which student teaching internship will take place. Major GPA of 2.250 is required.  
**Prerequisite:** HDFS 44018; and admission into the HDFS professional phase; and senior standing; and special approval.  
**Schedule Type:** Practical Experience  
**Contact Hours:** 1 lecture, 14-35 other  
**Grade Mode:** Standard Letter  
**Attributes:** Experiential Learning Requirement

HDFS 44192  
**INTERNSHIP IN HUMAN DEVELOPMENT AND FAMILY STUDIES-CASE MANAGEMENT I (ELR)**  
3-6 Credit Hours  
(Repeatable for credit) Supervised field experience in a human service agency. Joint university-agency supervision.  
**Prerequisite:** Admission into HDFS professional phase; and junior standing.  
**Corequisite:** HDFS 44035.  
**Schedule Type:** Practical Experience  
**Contact Hours:** 3-6 other  
**Grade Mode:** Standard Letter  
**Attributes:** Experiential Learning Requirement

HDFS 44292  
**INTERNSHIP IN HUMAN DEVELOPMENT AND FAMILY STUDIES-CASE MANAGEMENT II (ELR)**  
3-6 Credit Hours  
(Repeatable for credit) Continued supervised field experience in a human service agency. Joint university-agency supervision.  
**Prerequisite:** HDFS 44192; and admission into the HDFS professional phase; and junior standing.  
**Corequisite:** HDFS 44036.  
**Schedule Type:** Practical Experience  
**Contact Hours:** 9-18 other  
**Grade Mode:** Standard Letter  
**Attributes:** Experiential Learning Requirement

HDFS 51092  
**PRACTICUM IN HUMAN DEVELOPMENT AND FAMILY STUDIES-CASE MANAGEMENT II (ELR)**  
3-6 Credit Hours  
(Repeatable for credit) Supervised field experience in a human service agency. Joint university-agency supervision.  
**Prerequisite:** HDFS 51091; and admission into the HDFS professional phase; and senior standing; and special approval.  
**Schedule Type:** Practical Experience  
**Contact Hours:** 1-3 other  
**Grade Mode:** Standard Letter  
**Attributes:** Experiential Learning Requirement

HDFS 51095  
**SPECIAL TOPICS IN HUMAN DEVELOPMENT AND FAMILY STUDIES**  
1-4 Credit Hours  
(Repeatable for credit) Discussion of a major topic within human development and family studies.  
**Prerequisite:** Graduate standing.  
**Schedule Type:** Lecture  
**Contact Hours:** 1-4 lecture  
**Grade Mode:** Standard Letter
HDFS 51096   INDIVIDUAL INVESTIGATION   1-3 Credit Hours  
(Repeatable for credit) (Slashed with HDFS 41096) Independent study in human development and/or family studies. 
Prerequisite: Graduate standing; and special approval.  
Schedule Type: Individual Investigation  
Contact Hours: 1-3 other  
Grade Mode: Standard Letter

HDFS 52092   HUMAN DEVELOPMENT AND FAMILY STUDIES STUDY AWAY EXPERIENCE   3 Credit Hours  
(Repeatable twice for credit) Exploration of human development and family studies-related topics while visiting various cultural contexts. 
Prerequisite: Graduate standing; and special approval.  
Schedule Type: Field Experience  
Contact Hours: 9 other  
Grade Mode: Standard Letter-IP

HDFS 54020   ADOLESCENT DEVELOPMENT   3 Credit Hours  
(Slashed with HDFS 44020) Adolescent development with emphasis on forces related to adolescent behavior. Evaluation of current research. 
Prerequisite: Human development and family studies major; and graduate standing.  
Schedule Type: Lecture  
Contact Hours: 3 lecture  
Grade Mode: Standard Letter

HDFS 54021   FAMILY INTERVENTION ACROSS THE LIFE SPAN   3 Credit Hours  
(Slashed with HDFS 44021) Evaluation of research and theoretical models in the area of family intervention. Focus on strategies for assisting families in coping with a variety of critical issues over the family life cycle. 
Prerequisite: Human development and family studies major; and graduate standing.  
Schedule Type: Lecture  
Contact Hours: 3 lecture  
Grade Mode: Standard Letter

HDFS 54022   CHANGING ROLES OF MEN AND WOMEN   3 Credit Hours  
(Slashed with HDFS 44022) A study of roles of men and women, past, present, and future. 
Prerequisite: Graduate standing.  
Schedule Type: Lecture  
Contact Hours: 3 lecture  
Grade Mode: Standard Letter

HDFS 54023   BUILDING FAMILY STRENGTHS   3 Credit Hours  
(Slashed with HDFS 44023) The building family strengths model builds upon family life potential, based on extensive research emphasizing identified family strengths. 
Prerequisite: Graduate standing.  
Schedule Type: Lecture  
Contact Hours: 3 lecture  
Grade Mode: Standard Letter

HDFS 54028   PARENT-CHILD RELATIONSHIPS   3 Credit Hours  
Study of parent-child relationships across the life span and within various contexts. Emphasis on the process of socialization and determinants of parent-child relationships based on current research. 
Prerequisite: Human development and family studies major; and graduate standing.  
Schedule Type: Lecture  
Contact Hours: 3 lecture  
Grade Mode: Standard Letter

HDFS 54029   FAMILY POLICY   3 Credit Hours  
(Slashed with HDFS 44029) Understanding federal, state and local policy issues affecting families. Role of family life educator in promoting a family-friendly perspective in policy making. 
Prerequisite: Human development and family studies major; and graduate standing.  
Schedule Type: Lecture  
Contact Hours: 3 lecture  
Grade Mode: Standard Letter

HDFS 54032   NONPROFIT FUNDRAISING AND GRANTWRITING   3 Credit Hours  
(Slashed with HDFS 44032) Provides comprehensive preparation in planning, seeking and acquiring funding from available resources in supporting the mission of nonprofit human services agencies. 
Prerequisite: Graduate standing.  
Schedule Type: Lecture  
Contact Hours: 3 lecture  
Grade Mode: Standard Letter

HDFS 54037   POSITIVE YOUTH DEVELOPMENT   3 Credit Hours  
Examines individual, family, school and community characteristics that comprise developmental assets contributing to positive youth development (PYD). Definitions and descriptions of PYD approaches are examined as well as evaluations of program effectiveness. Common elements of PYD programs are explored, such as emphasizing youths’ strengths, providing opportunities to learn health behaviors, promoting positive peer relationships, connecting youth with caring adults, empowering youth to assume leadership roles, and challenging youth in ways that build their competence. Implications for professional child and youth work are discussed. Students complete a program development project. 
Prerequisite: HDFS 54020; and graduate standing.  
Schedule Type: Lecture  
Contact Hours: 3 lecture  
Grade Mode: Standard Letter

HDFS 54038   PROFESSIONAL CHILD AND YOUTH WORK PRACTICE   3 Credit Hours  
(Slashed with HDFS 44038) Provides students with an understanding of the historical and current methodologies and organizational structures of professional child and youth work practice emphasizing a synthesis of previous and new learning regarding five domains of competence (professionalism, culture and human diversity, applied human development, relationship and communication and developmental practice methods). Practice issues in community-based an out of home care settings as well as work with various child and youth populations are to be explored. Students complete a program development and evaluation project. 
Prerequisite: Human development and family studies major; and graduate standing.  
Schedule Type: Lecture  
Contact Hours: 3 lecture  
Grade Mode: Standard Letter
HDFS 54039  BEREAVEMENT, TRAUMA AND OTHER LOSSES  3 Credit Hours
Exploration of the impact of death, trauma and other losses on individuals and families across the lifespan. Consideration of gender, social and cultural context. Implications for human services professionals.
Prerequisite: Graduate standing.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 54092  PRACTICUM IN HUMAN DEVELOPMENT AND FAMILY STUDIES  3-6 Credit Hours
(Repeatable for credit) Observation and participation in child, family and human service agencies.
Prerequisite: Human development and family studies major; and graduate standing; and special approval.
Schedule Type: Lecture, Practical Experience
Contact Hours: 1 lecture, 14-35 other
Grade Mode: Standard Letter

HDFS 54091  SEMINAR  2-3 Credit Hours
(Repeatable for credit) Evaluation and interpretation of recent literature in human development and/or family studies. Topic selected for semester will be indicated in the schedule of classes.
Prerequisite: Graduate standing.
Schedule Type: Seminar
Contact Hours: 2-3 other
Grade Mode: Standard Letter

HDFS 61091  RESEARCH  1-15 Credit Hours
(Repeatable for credit) Research for master's level graduate students. Credits earned may be applied toward meeting degree requirements if school approves.
Prerequisite: Graduate standing.
Schedule Type: Research
Contact Hours: 1-15 other
Grade Mode: Standard Letter-IP

HDFS 61198  MASTER'S PROJECT  2-6 Credit Hours
(Repeatable for credit) (Cross-listed with NUTR 61198) Completion and successful defense of a master's project. Master's project students must register for a total of 6 hours, 2 to 6 hours in a single semester distributed over several semesters if desired.
Prerequisite: Graduate standing; and special approval.
Schedule Type: Master's Project
Contact Hours: 2-6 other
Grade Mode: Satisfactory/Unsatisfactory-IP

HDFS 61199  THESIS I  2-6 Credit Hours
Thesis students must register for total of 6 hours, 2 to 6 hours in a single semester distributed over several semesters if desired.
Prerequisite: Graduate standing; and special approval.
Schedule Type: Masters Thesis
Contact Hours: 2-6 other
Grade Mode: Satisfactory/Unsatisfactory-IP

HDFS 61299  THESIS II  2 Credit Hours
Thesis II students must continue registration each semester until all degree requirements are met.
Prerequisite: HDFS 61199; and graduate standing.
Schedule Type: Masters Thesis
Contact Hours: 2 other
Grade Mode: Satisfactory/Unsatisfactory-IP

HDFS 64023  FAMILY THEORIES AND PROCESSES  3 Credit Hours
An examination of theories and research for understanding family dynamics and changes in families across the lifespan. Includes attention to diverse family structures, dyadic and group processes applicable to families, and social and cultural contexts.
Prerequisite: Graduate standing.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 64024  FAMILY LIFE EDUCATION  3 Credit Hours
Developing community acceptance, teaching aids and techniques and curriculum for family life education.
Prerequisite: Graduate standing.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

HDFS 64026  PROFESSIONAL ISSUES IN HUMAN DEVELOPMENT AND FAMILY STUDIES  2 Credit Hours
This course covers ethical and professional issues related to the field of human development and family studies. The course will cover both conceptual ideas related to research and practice in the field as well as practical tools for professional development and successful completion of the Master's Thesis or Project.
Prerequisite: Graduate standing.
Schedule Type: Lecture
Contact Hours: 2 lecture
Grade Mode: Standard Letter

HDFS 64027  EARLY ADOLESCENCE  3 Credit Hours
Examines the fundamental changes, social contexts and psychosocial processes involved in human development from ages eight through 15. Implications for working with this age group within schools and human service agencies.
Prerequisite: Graduate standing.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter