PHYSICAL EDUCATION - PROFESSIONAL (PEP)

PEP 15010  INTRODUCTION TO PHYSICAL EDUCATION, FITNESS AND SPORT  3 Credit Hours
Development of a knowledge base on the roles, foundations, contextual and social issues, and career opportunities as they relate to physical education, physical activity and sport. Experimentation with various fitness tests and assessments that lead to the development of personal fitness plans.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

PEP 15011  DEVELOPMENT AND ANALYSIS OF INVASION GAMES  3 Credit Hours
Development, analysis and assessment of game performance skills used in invasion games.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

PEP 15015  DEVELOPMENT AND ANALYSIS OF NET GAMES  3 Credit Hours
Development and analysis of game performance skills in net games. Emphasis on problem solving strategies and skill execution related to game performance and on effective pedagogy.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

PEP 15016  DEVELOPMENT AND ANALYSIS OF TARGET AND FIELD GAMES  3 Credit Hours
Development and analysis of game performance skills used in target games and field-run-score games.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

PEP 15018  DEVELOPMENT OF SWIMMING AND AQUATIC SKILLS  1 Credit Hour
Development and analysis of basic aquatic skills, swimming strokes, starts and turns, diving skills, physical fitness principles, aquatic safety and basic rescue techniques.
Prerequisite: None.
Schedule Type: Laboratory
Contact Hours: 1 lab
Grade Mode: Standard Letter

PEP 15020  FUNDAMENTAL MOVEMENT, GYMNASTICS AND DANCE  3 Credit Hours
Designed to provide teachers and activity leaders with knowledge, skills, and dispositions necessary to teach developmentally appropriate progressions for fundamental movement skills, dance, and gymnastics.
Prerequisite: None
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

PEP 25025  TEACHING IN PHYSICAL EDUCATION  3 Credit Hours
A seminar focused on the inquiry of teaching and learning of movement activities. A study of the role of the teacher, teacher behaviors, learning environments in movement activities and technology applications in physical education. Field observation hours requires a BCII and FBI background check report.
Prerequisite: PEP 15010.
Schedule Type: Laboratory, Lecture
Contact Hours: 1 lecture, 2 lab
Grade Mode: Standard Letter

PEP 25026  OVERVIEW OF OUTDOOR PURSUITS AND ADVENTURE EDUCATION  3 Credit Hours
An overview of outdoor pursuits and adventure education is provided for students preparing to serve students/clients in physically active, outdoor and adventure contexts. Includes a required service learning component, which involves the design and delivery of quality outdoor education programs and/or curricula to children within the local community.
Prerequisite: Physical Education-Professional (PEP) majors.
Schedule Type: Combined Lecture and Lab
Contact Hours: 3 other
Grade Mode: Standard Letter

PEP 25033  LIFESPAN MOTOR DEVELOPMENT  3 Credit Hours
Introduction to motor development across the life span. Special emphasis on description of motor development changes and factors influencing change.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

PEP 25056  ASSESSMENT OF LEARNING IN PHYSICAL EDUCATION AND SPORT  3 Credit Hours
This course is designed to provide students with an understanding of the principles and applications of assessment methods in the fields of physical education and sport. Emphasis is placed on the selection, construction, administration, analysis and interpretation of appropriate assessments in a variety of settings, with particular emphasis on using assessments to evaluate learner progress relative to established standards in PE and sport. Throughout the course appropriate technological applications are used to facilitate data collection, management and analysis.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

PEP 35010  PSYCHOLOGICAL DIMENSIONS OF MOTOR BEHAVIOR (WIC)  3 Credit Hours
Psychological factors in exercise, physical activity and sport emphasizing motor control learning and performance. Laboratory included.
Prerequisite: EXSC 35068 or PEP 25056 and Junior standing.
Schedule Type: Laboratory, Lecture, Combined Lecture and Lab
Contact Hours: 2 lecture, 2 lab
Grade Mode: Standard Letter
Attributes: Writing Intensive Course
PEP 35020  FITNESS EDUCATION  3 Credit Hours
This course is designed to prepare teachers, coaches, and physical activity specialists for an interdisciplinary approach to fitness education. Specific emphasis will be placed on enhancing students’ content knowledge of fitness and physical activity within a classroom setting as well as applying pedagogical principles of class management, instructional strategies, feedback and assessment in practical settings to enhance students’ ability to teach and coach fitness content within a variety of physical education, sport and physical activity contexts.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

PEP 35040  COACHING FOOTBALL  2 Credit Hours
Techniques of coaching football, including film analysis and offensive and defensive skills and systems.
Prerequisite: Not open to freshmen.
Schedule Type: Laboratory, Lecture, Combined Lecture and Lab
Contact Hours: 1 lecture, 2 lab
Grade Mode: Standard Letter

PEP 35041  COACHING SOCCER  2 Credit Hours
Coaching soccer, including analysis of skills strategy and administrative responsibilities.
Prerequisite: Not open to freshmen.
Schedule Type: Laboratory, Lecture, Combined Lecture and Lab
Contact Hours: 1 lecture, 2 lab
Grade Mode: Standard Letter

PEP 35042  COACHING VOLLEYBALL  2 Credit Hours
Coaching volleyball, including analysis of offensive and defensive strategy and administrative responsibilities.
Prerequisite: Not open to freshmen.
Schedule Type: Laboratory, Lecture, Combined Lecture and Lab
Contact Hours: 1 lecture, 2 lab
Grade Mode: Standard Letter

PEP 35044  COACHING BASKETBALL  2 Credit Hours
Philosophy, fundamentals, strategy, administrative responsibilities and conditioning.
Prerequisite: Not open to freshmen.
Schedule Type: Laboratory, Lecture, Combined Lecture and Lab
Contact Hours: 1 lecture, 2 lab
Grade Mode: Standard Letter

PEP 35048  COACHING BASEBALL AND SOFTBALL  2 Credit Hours
Coaching techniques in softball and baseball, including analysis of basic skills, position play and offensive and defensive strategies.
Prerequisite: Not open to freshmen.
Schedule Type: Laboratory, Lecture, Combined Lecture and Lab
Contact Hours: 1 lecture, 2 lab
Grade Mode: Standard Letter

PEP 35049  COACHING TRACK AND FIELD  2 Credit Hours
Coaching techniques relative to track and field events. Principles of organization for track and field meets.
Prerequisite: Not open to freshmen.
Schedule Type: Laboratory, Lecture, Combined Lecture and Lab
Contact Hours: 1 lecture, 2 lab
Grade Mode: Standard Letter

PEP 35084  MOTOR SKILL ANALYSIS  3 Credit Hours
Designed to assist teachers, coaches, and physical activity specialists in the analysis of motor skills. Students study the applications of performance and biomechanical principles to enhance skill and tactical performance in physical activity settings.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

PEP 45015  PSYCHOLOGY OF COACHING  3 Credit Hours
(Slashed with CI 55015) Psychological factors affecting athletic performance, with particular attention to practice factors, personality, motivation and problem athletes.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

PEP 45020  CONTEMPORARY ATHLETIC COACHING  3 Credit Hours
(Slashed with CI 55020) A focus on the philosophy, skills strategies and tactics of coaching within contemporary society.
Prerequisite: None.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

PEP 45037  ADAPTED PHYSICAL EDUCATION  3 Credit Hours
An academic and practical approach to physical education for specific disorders. Field based experience (10 hours).
Prerequisite: Junior standing.
Schedule Type: Lecture
Contact Hours: 3 lecture
Grade Mode: Standard Letter

PEP 45051  ELEMENTARY SCHOOL PHYSICAL EDUCATION METHODS  3 Credit Hours
(Slashed with CI 55051) Approaches to teaching in elementary school physical education. Focus on establishing an environment for learning, planning standards based lessons, instructional effectiveness, and assessment of student learning. Students are required to complete Bureau of Criminal Investigation and Identification (BCII) and Federal Bureau of Investigation (FBI) background checks and submit the results to authorized personnel at their assigned school-agency before the first day of field experience.
Prerequisite: PEP 15010 and PEP 15011 and PEP 15015 and PEP 15016 and PEP 15020 and PEP 25025 and PEP 25033 and special approval.
Schedule Type: Combined Lecture and Lab
Contact Hours: 2 lecture, 2 lab
Grade Mode: Standard Letter

PEP 45053  ELEMENTARY SCHOOL PHYSICAL EDUCATION CONTENT  3 Credit Hours
(Slashed with CI 55053) Physical education content for the elementary school child with emphasis on developmentally appropriate learning in three domains. Students are required to complete Bureau of Criminal Investigation and Identification (BCII) and Federal Bureau of Investigation (FBI) background checks and submit the results to authorized personnel at their assigned school-agency before the first day of field experience.
Prerequisite: PEP 15010 and PEP 15011 and PEP 15015 and PEP 15016 and PEP 15020 and PEP 25025 and PEP 25033 and special approval.
Corequisite: PEP 45051.
Schedule Type: Combined Lecture and Lab
Contact Hours: 2 lecture, 2 lab
Grade Mode: Standard Letter
PEP 45058  SECONDARY SCHOOL PHYSICAL EDUCATION METHODS  
3 Credit Hours  
(Slashed with CI 55058) Approaches to teaching in secondary school physical education. Focus on management of the learning environment, planning for learning outcomes in three domains, instructional effectiveness, and sequential curriculum development. Students are required to complete Bureau of Criminal Investigation and Identification (BCII) and Federal Bureau of Investigation (FBI) background checks and submit the results to authorized personnel at their assigned school-agency before the first day of field experience.  
Prerequisite: PEP 15010 and PEP 15011 and PEP 15015 and PEP 15016 and PEP 15020 and PEP 25025 and PEP 25033 and special approval.  
Corequisite: PEP 45059.  
Schedule Type: Combined Lecture and Lab  
Contact Hours: 2 lecture, 2 lab  
Grade Mode: Standard Letter  

PEP 45059  SECONDARY SCHOOL PHYSICAL EDUCATION CONTENT  
3 Credit Hours  
(Slashed with CI 55059) Introduction and development of content, standards-based curriculum models, management and organizational skills related to sports and activities utilized in secondary school physical education. Students are required to complete Bureau of Criminal Investigation and Identification (BCII) and Federal Bureau of Investigation (FBI) background checks and submit the results to authorized personnel at their assigned school-agency before the first day of field experience.  
Prerequisite: PEP 15010 and PEP 15011 and PEP 15015 and PEP 15016 and PEP 15020 and PEP 25025 and PEP 25033 and special approval.  
Corequisite: PEP 45058.  
Schedule Type: Combined Lecture and Lab  
Contact Hours: 2 lecture, 2 lab  
Grade Mode: Standard Letter  

PEP 45092  INTERNSHIP IN PHYSICAL EDUCATION (ELR)  
2-4 Credit Hours  
(Repeatable for a maximum of 8 credit hours) Supervised experience in organized sport focused upon the duties of a coach; can involve one or more level (youth, school, college, professional) and sport. 45 contact hours per credit.  
Prerequisite: PEP 45020 and special approval.  
Schedule Type: Practicum or Internship  
Contact Hours: 6-12 other  
Grade Mode: Satisfactory/Unsatisfactory-IP  
Attributes: Experiential Learning Requirement  

PEP 45096  INDIVIDUAL INVESTIGATION IN PHYSICAL EDUCATION  
1-3 Credit Hours  
(Repeatable for a maximum of 6 credit hours) Independent study completed under the supervision of a faculty member. Written approval of supervising faculty member and school director required prior to registration.  
Prerequisite: Junior standing and special approval.  
Schedule Type: Individual Investigation  
Contact Hours: 3-6 other  
Grade Mode: Standard Letter-IP  
Attributes: Experiential Learning Requirement