

# PRE-COUNSELING - MINOR

College of Education and Human Services  
 School of Lifespan Development and Educational Sciences  
[www.kent.edu/ehs/ldes](http://www.kent.edu/ehs/ldes)

## About This Program

The Pre-Counseling minor sets the stage for graduate study and rewarding careers focused on supporting individuals, families and communities. Discover how to make a meaningful difference in people's lives by building strong helping, communication and interpersonal skills. Read more...

## Contact Information

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- Speak with an Advisor

## Program Delivery

- **Delivery:**
  - Mostly online
  - In person
- **Location:**
  - Kent Campus

## Admission Requirements

Admission to a minor is open to students declared in a bachelor's degree, the A.A.B. or A.A.S. degree or the A.T.S. degree (not Individualized Program major). Students declared only in the A.A. or A.S. degree or the A.T.S. degree in Individualized Program may not declare a minor. Students may not pursue a minor and a major in the same discipline.

To declare this minor, students must have attempted a minimum 12 credit hours at Kent State and earned a minimum 2.000 overall Kent State GPA. Students who have not attempted 12 credit hours at Kent State will be evaluated for admission based on their high school GPA for new students or transfer GPA for transfer students. Transfer students who have not attempted 12 credit hours of college-level coursework at Kent State and/or other institutions will be evaluated based on both their high school GPA and college GPA.

## Program Requirements

| Code  | Title   | Credit Hours |
|---|---|--------------|
| <b>Minor Requirements</b>                   |   |              |
| CES 24001<br>or HDF 24001                   | INTRODUCTION TO COUNSELING                      | 3            |
| CES 24002<br>or HDF 24002                   | COUNSELING FUNDAMENTALS IN MENTAL HEALTH        | 3            |
| CES 37668                                   | INTRODUCTION TO MOTIVATIONAL INTERVIEWING       | 3            |
| Minor Electives, choose from the following: |   |              |
| CES 34650                                   | PRACTICES AND THEORIES IN ADDICTIONS COUNSELING | 5            |

|              |   |
|--------------|---|
| CES 37662    | INTRODUCTION TO ADDICTIONS COUNSELING       |
| CES 37800    | SMALL GROUP PROCESS                         |
| HDF 24011    | INTERPERSONAL RELATIONSHIPS AND FAMILIES    |
| or SOC 24011 | INTERPERSONAL RELATIONSHIPS AND FAMILIES    |
| HDF 44021    | FAMILY INTERVENTION AND ADVOCACY            |
| HDF 44023    | BUILDING FAMILY STRENGTHS (WIC)             |
| HDF 44035    | TRAUMA-RESPONSIVE ASSESSMENT AND STRATEGIES |
| HDF 44039    | BEREAVEMENT AND LOSS                        |

**Minimum Total Credit Hours:** 14

## Graduation Requirements

| Minimum Minor GPA | Minimum Overall GPA |
|-------------------|---------------------|
| 2.500             | 2.500               |

- Minimum 6 credit hours in the minor must be upper-division coursework (30000 and 40000 level).
- Minimum 6 credit hours in the minor must be outside of the course requirements for any major or other minor the student is pursuing.
- Minimum 50 percent of the total credit hours for the minor must be taken at Kent State (in residence).

## Program Learning Outcomes

Graduates of this program will be able to:

1. List and describe the characteristics of effective helpers/counselors, historical perspectives and current trends in the counseling profession.
2. Discuss ethical and legal considerations within professional counseling.
3. Describe the power of the therapeutic alliance, skills in rapport building and various counseling modalities and settings that impact the helping relationships.
4. Identify the various counseling specializations within the profession.
5. Deliver and apply basic counseling skills in dyads/triads and identify important treatment issues related to honoring and respecting clients.

## Admission GPA for Undergraduate Students

For admissions, the College of Education and Human Services considers a student to have established a Kent State University GPA after the student has successfully completed a minimum of 12 Kent State University credit hours.

**New Students and Transfer Students:** Undergraduate students who have not completed a minimum of 12 Kent State University credit hours will be evaluated for admission into an academic program, advanced study and the professional phase based on their high school GPA for new students or transfer GPA for transfer students. Once a student has successfully completed a minimum of 12 Kent State University credit hours, only the student's Kent State overall GPA will be considered for admission into a program, advanced study and professional phase. Transfer applicants who have completed fewer than 12 semester credit hours of college-level coursework will be evaluated on both collegiate and high school records.

**Current Students:** Students who have completed 12 or more credit hours of previous college-level coursework — either at Kent State University or

at another accredited institution – need an overall GPA of 2.00 or higher to declare a College of Education and Human Services major, minor or certificate unless a higher minimum GPA is specified by the program.

The following degree programs require a minimum 2.750 overall GPA for current students who have an established GPA to declare a major:

- American Sign Language/English Interpreting
- Early Childhood Education
- Integrated Language Arts
- Integrated Mathematics
- Integrated Science
- Integrated Social Studies
- Middle Childhood Education
- Physical Education, Health and Sport Exploration (only Health and Physical Education concentration or Physical Education Licensure concentration)
- Special Education

## Full Description

The Pre-Counseling minor introduces undergraduate students to the professional field of counseling, counseling processes, counseling settings and fundamental microskills in developing a therapeutic relationship with clients.

The minor in pre-counseling does not replace graduate training in professional counseling but is intended to train students for entry level careers in the helping professions and for advanced graduate work in helping professions.

The minor is open to any student and complements the following majors: Nursing; Sociology; Psychology; Social Work; Professional Studies; Communication Studies; Integrated Health Studies; Peace and Conflict Studies; Gender and Sexuality Studies; Speech Pathology and Audiology; Criminology and Justice Studies; and Human Development and Family Science.