

# ATHLETIC COACHING - MINOR

College of Education Health and Human Services  
 School of Teaching, Learning and Curriculum Studies  
[www.kent.edu/ehhs/tlcs](http://www.kent.edu/ehhs/tlcs)

## About This Program

The Athletic Coaching minor provides students with the knowledge and skills to coach in youth sport settings, K-12 schools and colleges. The "National Standards for Sport Coaches," published by the Society of Health and Physical Educators (SHAPE America), serves as the guiding basis for the minor.

An internship completes the minor as a capstone experience.

## Contact Information

- Program Coordinator: **Kevin Eckert** | [keckert5@kent.edu](mailto:keckert5@kent.edu) | 330-672-0627
- Speak with an Advisor

## Program Delivery

- **Delivery:**
  - In person
- **Location:**
  - Kent Campus

## Admission Requirements

Admission to a minor is open to students declared in a bachelor's degree, the A.A.B. or A.A.S. degree or the A.T.S. degree (not Individualized Program major). Students declared only in the A.A. or A.S. degree or the A.T.S. degree in Individualized Program may not declare a minor. Students may not pursue a minor and a major in the same discipline.

To declare this minor, students must have attempted a minimum 12 credit hours at Kent State and earned a minimum 2.000 overall Kent State GPA. Students who have not attempted 12 credit hours at Kent State will be evaluated for admission based on their high school GPA for new students or transfer GPA for transfer students. Transfer students who have not attempted 12 credit hours of college-level coursework at Kent State and/or other institutions will be evaluated based on both their high school GPA and college GPA.

## Program Requirements

Code	Title	Credit Hours
<b>Minor Requirements</b>		
PESP 25033	LIFESPAN MOTOR DEVELOPMENT	3
PESP 35020	FITNESS EDUCATION	3
PESP 35084	MOTOR SKILL ANALYSIS	3
PESP 45015	PSYCHOLOGY OF COACHING	3
PESP 45020	CONTEMPORARY ATHLETIC COACHING	3
PESP 45692	INTERNSHIP IN ATHLETIC COACHING (ELR)	3
SPAD 45020	ORGANIZATION, ADMINISTRATION AND LEADERSHIP IN SPORT	3
Minor Elective, choose from the following:		2
PESP 35040	COACHING FOOTBALL	

PESP 35041	COACHING SOCCER
PESP 35042	COACHING VOLLEYBALL
PESP 35044	COACHING BASKETBALL
PESP 35048	COACHING BASEBALL AND SOFTBALL
PESP 35049	COACHING TRACK AND FIELD

Minimum Total Credit Hours: 23

## Graduation Requirements

Minimum Minor GPA	Minimum Overall GPA
2.250	2.000

- Certification in American Red Cross First Aid and CPR.
- Minimum 6 credit hours in the minor must be upper-division coursework (30000 and 40000 level).
- Minimum 6 credit hours in the minor must be outside of the course requirements for any major or other minor the student is pursuing.
- Minimum 50 percent of the total credit hours for the minor must be taken at Kent State (in residence).

## Program Learning Outcomes

Graduates of this program will be able to:

1. Understand, at the basic level, athletic coaching effectiveness
2. Understand, at the basic level, motor development across the lifespan
3. Understand, at the basic level, mental preparation and performance in sport
4. Understand, at the basic level, motor skill analysis
5. Understand, at the basic level, fitness education
6. Understand, at the basic level, practical athletic coaching experiences in diverse fields